

ENGLISH VERSION

# UN'ALTRA NOTTE

ECATEATRO APS



# UN'ALTRA NOTTE ✨

written and performed by  
Marzia Pellegrini and  
Riccardo Trovato

musician  
Romolo Benati

find out more...

"Un'altra notte" is a project  
created with the support of:



ECATEATRO APS - Riccardo Trovato  
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# WHAT IS?

"Un'altra notte" is a game, a dream, a journey that happens within one night, a story which is repeated when the night falls and when life is born.

"Un'altra notte" is a project, an experiment born from the union of two young artists: **Marzia Pellegrini** and **Riccardo Trovato**.

Both hold a diploma from the Arsenale Theatre school, founded in Milan by Marina Spreafico and Kuniaki Ida and based on the teachings of Jacques Lecoq.

"Un'altra notte" is a play in which puppetry meets theatre, accompanied by the notes of a bass guitar.





# THEMES

"Un'altra notte" explores two big moments in life, **childhood and old age**, to reveal the absolute beauty of these 'marginal' moments of life.

"Un'altra notte" represents these two life stages which are very distant, yet very close to each other, **two moments which are simply magical.**



"Un'altra notte" finds its goal in helping the audience rediscover their own **"inner child"**, often forgotten as we grow older..



# PLOT

It is nighttime and the infinite stars are glistening in the sky. Up high, a beautiful moon is shining. A magical night, one which you wish would last forever.

Then, the darkness; becoming a child once again, and living a dream turned nightmare: the beginning of an interior thought, the remembrance of a childhood fear.

A running clock; suddenly the passing of time throws us into being what we shall become: an elderly lady, a rocking chair and a red blanket.



Serafina in her solitude, seeks the company of her cat, who does not seem to want to come back home.

In the evening boredom she finds an old chest where the memories of a lifetime lay buried, she falls asleep cradled by her past.

In the dead of night something rings out, something becomes alive: green eyes, red hair and worn-out boots are moving across the room.



Perhaps it is simply a child, or maybe it is something from an odd dream, or from a memory long forgotten.



Suddenly a thunder, a frenetic run, and the disdain for what can be destroyed by one's own hands. Hands which seem to caress the past, when observed and examined.

Why does a little girl suddenly break into the melancholy of that starry sky?

Perhaps she just wants to keep us company, to make us smile a little, to take us into sleep hand in hand, that sort of eternal sleep in which we let out our last breath. The last heartbeat, a still heart and a harmonious carillon spinning on itself.

Amidst the musical background, the actors and the puppets declare to the audience the beauty found in the freedom of play. Freedom as in vital essence, which undoubtedly belongs to all human ages, and freedom as strength, which keeps pulsing up until our last breath.



# WHAT ARE BODY PUPPETS?

## WHY?

Marzia discovered her interest in masks during her theatre studies.

Thanks to the teachings of Ambra Rinaldo, professor at the **Arsenale Theatre School**, Marzia discovers that her interest goes beyond scenic representation.

During the spring of 2020 she experimented with different materials and techniques, creating her first body puppet with foam rubber and papier-maché.

In August 2020 in Rome, she participated in a puppetry workshop within the "**Contattitère Romarama**" Festival.

During this experience, she specializes in creating body puppets through the teachings of Annamaria Andrei, who in turn was schooled by **Natasha Belova**, the creator of thermoplastic puppets.





# WHAT ARE BODY PUPPETS?

## WHAT ARE THEY?

Body puppets are human-sized puppets, defined as 'hyperrealist' because the movements they allow and their material make fiction very similar to reality.

The actors give life to the puppets by sharing part of their body with them.

The waist and the right arm are made of foam rubber, while the head and the hand have been created with thermoplastic material.

The actors use their right arm to move the head, while their left arm and the lower part of their waist become part of the puppets' bodies. The actors disappear, focalizing the watcher's attention towards these marvellous creatures which come to life thanks to the abilities of those that animate them.





# WHO WE ARE

## ● RICCARDO TROVATO. ACTOR AND TRAINER.

Riccardo Trovato is an actor who graduated from the Arsenale Theatre School in Milan. He works as a professional at Karakorum Teatro in Varese, and with the Praticidealisti theatre company in Locarno. From 2017 he directs theatre workshops for children and adult, in Italy and in Switzerland. From 2020, he is also an activity leader for "La Lanterna Magica", a cinema education project for children from 6 to 12 years old.



## ● MARZIA PELLEGRINI. ACTRESS, STREET ARTIST, ITALIAN SIGN LANGUAGE INTERPRETER, EDUCATOR.

Marzia Pellegrini is an actress who graduated from the Arsenale Theatre School in Milan. Since 2018 she has been working with the Sbocc circus school in Cardano al Campo. There, she leads circus mobility workshops for children and she specializes in acrobalance. In the past, she worked with the theatre company Senza Parole, formed by hearing and hearing-impaired people who perform using Italian sign language. She has been creating masks and hyperrealist human-sized puppets since 2020.



## ● with ROMOLO BENATI. MUSICIAN.

Romolo Benati is an energy engineer graduated at PoliMi. He has been playing the electric bass for four years and he followed one year course at "La Verdi - Accademia Musicale del Seprio"; he is part of a band. He had a long experience as Chinese pole teacher (aerial acrobatics) at the Sbocc circus school in Cardano al Campo.



# AWARDS

- Winner project of the artistic research residency at the "Claudia Lombardi Foundation for Theatre" in Càsoro-Lugano (Switzerland);
- Winner project "Premio miglior Animazione e Figura ConTATTIttere 2021" organised by Festival Latino di Teatro di Figura ConTATTIttere in Roma (Italy);



- Winner project of the artistic call at the "Karakorum Theatre - Spazio Yak", in Varese (Italy);
- Winner project of the "Festival Sirmione in scena 2021" call, organized by Centro Teatrale Corniani in Mantova with the cooperation of the municipality of Sirmione (Italy) and UNIMA ITALIA.





# PERSONAL INFORMATION

- RICCARDO TROVATO  
born in Binningen (Switzerland) on 10.04.1998  
resident in Pura (Switzerland)  
CF: TRVRCP98D10Z133X
- ROMOLO BENATI  
born in Varese (Italy) on 16.09.1995  
resident in Solbiate Arno (Italy)  
CF: BNTRML95P16L682B
- MARZIA PELLEGRINI  
born in Gallarate (Italy) on 18.12.1990  
resident in Cardano al Campo (Italy)  
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- SILVIA PELLEGRINI (AUDIO AND LIGHTS TECHNICIAN)  
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Winner project of the 2021 artistic research residency at the "Claudia Lombardi Foundation for Theatre" in Càsoro (Switzerland).



Winner project of the artistic call at the "Karakorum Theatre - Spazio Yak" in Varese (Italy).

find out more...

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